

There are so many things in addition to comfort and counselling that clients need during their stay at the Shelter, or when they move on to their own new home. We have made a 'wish list' of common items needed for when generous donors would like to help.



# WISH LIST

- Cash
- Gift cards ie. Canadian Superstore/Walmart/Staples/London Drugs/Orchard Park
- Holiday gifts for moms
- Movie and recreational passes
- Socks for women & children - All sizes
- Pajamas for women & children - All sizes
- Slippers for women & children - All sizes
- Robes for women & children - All sizes
- Underwear for women & children - All sizes
- New bras - All sizes
- New winter coats, hats, scarves, and gloves for women and children
- Mascara
- Double and single sheets and plastic mattress protectors with zippers or elastic on sides
- Pillows and pillow protectors
- For Babies - formula, food, large diapers, wipes, monitors, sleepers
- Nonstick pots, pans, kitchen utensils, cutlery, cookie sheets
- Knives
- Glad or Ziplock reusable containers
- Non-perishable food items
- Coffee, juice boxes
- Wash cloths and bath towels
- Paper towels and toilet paper
- Cleaning products
- Liquid laundry soap
- Garbage bags
- Journals for women
- Pay as you go phone cards
- Alarm clocks, watches, batteries, coffee, kettles
- School and office supplies especially pens, whiteout, file folders, labels, scotch tape and Post it notes, Crayola markers, crayons, pencil crayons
- Water bottles
- For women: tampons, razors

For more information, contact  
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